# Creating Confidence Checklist 

Step One
$\square$ Put On your big girl panties
Decide you are going to be Confident Today

## Step Two

$\square$ Put On Your Fake It Until You Make it (With WOrk) Dress

Act as if you are confident and work towardsds being a confident person

## Step Three <br> $\square$ Add Your Accessories

 Inspirational clichés